



**PUBLIC  
KNOWLEDGE**

*brains + brew*

**TUESDAY, OCTOBER 3 ■ 7 PM**

## **Science of Sleep Disorders**

*featuring*

Dr. Brandy Roane,  
Associate professor at UNTHSC  
UNT Health Science Center Institute  
for Cardiovascular and Metabolic Diseases

Why do we sleep? How much sleep do I really need? Why do I keep waking up at the same time in the middle of the night, every night? Join in the fun-filled adventure of exploring these questions, answering some trivia, and more as we chase the dream of sleep.

**Seating is limited.**

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